**HPE Mission:** Provide purposeful physical education, health education, and physical activity programs that empower students to practice lifetime wellness.

**HPE Vision:** To have 100% of CMS students graduate socially, emotionally, mentally, and physically healthy and possess the knowledge needed to employ strategies that will help them stay that way.

Our Five-Year Plan includes:

**Goal 1:** Relationship Building and using SEL to empower students and teachers

**Goal 2:** Increase Inclusive practices and Unified Activities

**Goal 3:** Help teachers develop a meaningful physical education program in their schools that meets the needs of their students, provides voice and choice in their learning, and teaches lifetime fitness activities.

**Goal 4:** Repurpose how we deliver secondary Physical Education and develop new elective PE courses including a partnership with CTE to offer opportunities which will allow students to earn certifications and gain employment.

This can be achieved through:

| 01 Setting High Academic Expectations | - Plan - relevant, engaging, innovative lessons that meet students where they are  
|                                          | - Teach - APK, Visible Thinking Routines, SEL  
|                                          | - Assess - re-teach, reflect, reassess |
| 02 Developing Positive Student Experiences | - Inclusive - increase sense of belonging  
|                                          | - Dependable - consistent routines & Expectations  
|                                          | - Supportive - Academic and Career planning |
| 03 Creating Meaningful Health & Physical Education Opportunities | - Focus is on lifetime mental, emotional, and physical health and wellness  
|                                          | - Increase opportunities for student voice and choice in health and physical education  
|                                          | - Provide a variety of ways for students to demonstrate their health and physical literacy |