SEL at

Principal Breakfast
February 9, 2023
What is Social Emotional Learning?
What is SEL?

SEL is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.
Merry Oaks SEL

1. Staff
2. Families
3. Scholars
Family Engagement
Opportunities to engage with families

- Check ins
- Talking Points Messages
- Home Connection Meetings / Parent Teacher Conferences
- Queen City Teaching Farm
Caring
Schools
Community
Goals of Caring Schools Community

To help students become caring, responsible members of their school communities and grow into humane, principled, and skilled citizens of democratic society by:

- Building caring relationships
- Explicitly teaching social and emotional skills
- Creating calm, orderly learning environments through effective classroom management
- Helping students develop self-discipline through a teaching-and-learning approach to discipline

Information adapted from Caring Schools Community platform.
Weekly Core Activities

Each week of classroom instruction is organized around a social and emotional learning (SEL) focus and consists of:

Daily Morning Circle which includes:

- Greeting
- Morning Announcement
- Brief Morning Activity to practice the week’s SEL skills

Closing Circle which includes:

- Opportunity to scholars to engage in brief activity to say goodbye
- Learn about something exciting that will be happening the next school day
Connection between School and Families
Family Participation

Letters to Families (K-1)

Home Connection Activity (K-1)

Home Connection Activity (2-5)

Forms from Caring Schools Community platform
Home Connection Meetings/ Parent Teacher Conferences

- Builds relationship between classroom teacher and family
- Provides parents and scholars clarity on class procedures and schedules and review of student learning
- Assist families in supporting student learning at home (supports and activities that align to classroom instruction)
Minute Meetings

- Quick way to meet with **ALL** scholars
- Gather data on scholar needs in the areas of academic, and social emotional
- Allow support staff to plan support and or interventions for scholars
- Supports/interventions could be provided in the form of individual counseling, and small groups for academic advisement and social emotional skills
How can I support my child's SEL at Home?
SEL at

- Ask about morning circle and closing circle activities
- Complete Home Connection activities with your child
- Check in with your child about their learning
- Encourage and supervise play outside
- Complete art projects with your child such as coloring, painting, or drawing
- Listen to music....DANCE it OUT!
- Talk about how characters are feeling when reading books and watching movies together
- Ask for help when needed by classroom teacher, school admin or counselor
Support Strategies for SEL at

- Take 5 Breathing Breaks - Deescalation
- 5 Finger Roller Coaster Breathing

Let's Watch & Practice:

- Leaves on Stream
  
  https://www.youtube.com/watch?v=r1C8hwj5LXw
School Counselors Contact Information

Ms. Martina Bumgarner

Pre-K Classes: Mrs. McDuffie, Mrs. O’Hara

Grades: K, 2nd, and 4th

Email: martinaj.bumgarner@cms.k12.nc.us

School Number: 980-343-6422

Ms. Faith Colvin

Pre-K Classes: Mrs. Johnson, and Mrs. Gallo

Grades: 1st, 3rd, and 5th

Email: faiths.colvin@cms.k12.nc.us

School Number: 980-343-6422
WASM

Ms. Tonya Spruill

Behavior Modification Technician

Mrs. Ashley Urena

Communities In Schools

Mrs. Mary Beth Morgan

School Psychologist

Kate Knight

Social Worker

Family Advocates:

David Garcia

Andrea Solis
Merry Oaks Reminders:

Parent Events:
- February 23- PTA/SLT Parent Dinner & Student show- 4pm
- March 14, 2023-4:30pm
- March 13-17- Book Fair

Topic: Upcoming MOY Assessments
- MAP Growth (Reading & Math)
- MAP Fluency
- EL Benchmark Assessments
- Centerpoint Assessments
- Access Testing
Thank You for joining us today!