

Transition Resources and Supports Guide

Webinars:



Autism Society of NC has pre-recorded webinars on these Transition topics and more:

- *Your Teen Turned 18* (this is the first half of Journey to Adulthood Workshop actually)
- *Navigating Services: Where and How to Get Help*
- *Autism Guardianship: What You Need to Know*
- *Residential Options for Adults with Autism*
- *Preparing for College Starts at Home*

ASNC Autism Webinars page: <https://www.autismsociety-nc.org/autism-webinars/>



CMS CTE webinar on post-secondary options of various trades, CPCC, military, healthcare, apprenticeships, and more <https://youtu.be/yPvGM11naNQ>

Autism Speaks Toolkits:



Employment: <https://www.autismspeaks.org/sites/default/files/2018-08/Employment%20Tool%20Kit.pdf>

Transition: <https://www.autismspeaks.org/sites/default/files/2018-08/Transition%20Tool%20Kit.pdf>

Links to Community Resources:

<http://bit.ly/cmsECcommunityresources>



<https://www.mecknc.gov/HealthDepartment/CommunityHealthServices/Pages/CRG.aspx>





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General Transition Information:

<p><i>Guardianship</i> and Alternatives: Parents can begin the process at age 17 ½. The court documents can be found online completed, notarized and turned into the Clerk of Courts.</p> <p>https://www.nccourts.gov/help-topics/guardianship/guardianship</p>	<p>Contact Cardinal Innovations https://www.cardinalinnovations.org/ 1-800-939-5911 as soon as possible to get on the Registry of Unmet Needs (waitlist for Innovations waiver) and the waitlist for Residential supports.</p>
<p>Apply for Social Security online https://www.ssa.gov/applyfordisability/ or call 1.800.772.1213 You are automatically eligible for Medicaid when eligible for SSI. Apply for Medicaid through Department of Social Services 704.336.2273/704.336.3000 or https://medicaid.ncdhhs.gov/medicaid/get-started/eligibility-medicare-or-health-choice</p>	<p>Individuals with <i>Medicaid</i> contact agencies directly to receive <i>B3 Services</i> (Respite, Community Guide, Supported Employment, In-home Skill Building, and Mental Health supports). <i>*Contact Cardinal Innovations for a complete list of B3 providers.</i></p>
<p>Vocational Rehabilitation- contact school specific counselor for employment supports</p>	

Social and Recreational Supports:

<p>Next Step Clubhouse (formerly The Exceptional Foundation) 980.272.7687 or https://www.nextstepclubhouse.org/</p> 	<p>Marion Diehl https://www.mecknc.gov/ParkandRec/Therapeutics/Programs/Pages/default.aspx</p> <p>*Email to be added to their TR Monthly Newsletter listing monthly social events for teens with disabilities TRInfo@MecklenburgCountyNC.gov</p>  <p>Mecklenburg County Park and Recreation</p>
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Skills Group of Charlotte 704-965-4614
<http://www.skillsgroupofcharlotte.net/>

Autism After 18 <https://autismafter18.org/>



Advocacy:

Disability Rights NC <https://disabilityrightsncc.org/>



Trusted Parents (980) 314-7066 or (980) 229-7253
<https://www.trustedparents.org/contact-us> provides supports and advocacy.



The CMS EC Parent Advisory Council has created the following online resources for families:
<https://cmsecpac.weebly.com/>



ARC of NC <https://www.arcnc.org/>



Transportation:

Travel Training- *Disability Rights and Resources*
704-537-0550
https://www.disability-rights.org/?page_id=17



CATS Special Transportation Application (STS)
<http://charlottenc.gov/cats/para-transit/riding-para-transit/Pages/certification.aspx>



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Respite Providers: *informational purposes only, not a CMS Endorsement. **Contact Cardinal Innovations for a complete list.

Raes Plaze 704-563-3334
<https://raewls.wixsite.com/rpadc>



Nevins 704-596-1372 <http://nevinsinc.org/>



Inreach 704-536-6661 <https://inreachnc.org/>



Developmental Disabilities Resources 704-573-9777
<http://www.ddrinc.org/>

Easter Seals 704-535-9171

The Kids Workshop 704-399-4045
<https://www.tkwinc.org/>



United Support Services 704-841-3544 <https://ussnc.org/services/>

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Supported Employment:

Easter Seals 704-535-9171

Nevins 704-596-1372 <http://nevinsinc.org/>



Inreach 704-536-6661 <https://inreachnc.org/>



Developmental Disabilities Resources 704-573-9777
<http://www.ddrinc.org/>

United Support Services 704-841-3544 <https://ussnc.org/services/>

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Day Programs and Supports: **Contact Cardinal Innovations for a complete list.

Next Step Clubhouse (formerly The Exceptional Foundation) 980.272.7687 or
<https://www.nextstepclubhouse.org/>



Carolina Family Alliance 704-536-9378
<https://carolinafamilyalliance.com/>



UMAR 704-348-0994 <https://umarinfo.com/>



Lifespan 704-944-5100
<https://www.lifespanservices.org/>



Raes Plaze 704-563-3334
<https://raewls.wixsite.com/rpadc>



Nevins 704-596-1372 <http://nevinsinc.org/>



Inreach 704-536-6661 <https://inreachnc.org/>



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Post-Secondary Education for Students in OCS and Extensions Program:

Extensions Program:

CPCC I LEAD Students learn skills for independent living, successful employment, and participation in their community. 704-330-6125
<https://www.cpcc.edu/programs/independence-and-literacy-education-adults-disabilities-i-lead>

Nevins offers CPCC classes on their site as well as activities (art/music) when they conclude class
<http://nevinsinc.org/education-programs/>



Extensions Program or OCS:

Western Carolina University: UP Program
<https://www.wcu.edu/learn/departments-schools-colleges/ceap/stl/special-education-programs/university-participant-up-program/index.aspx>



Winthrop: Think College
<https://www.winthrop.edu/coe/thinkcollege/>



Appalachian State University: Scholars with Diverse Abilities
<https://sdap.appstate.edu/>



ClemsonLIFE
<https://www.clemson.edu/education/research/programs/culife/index.html>

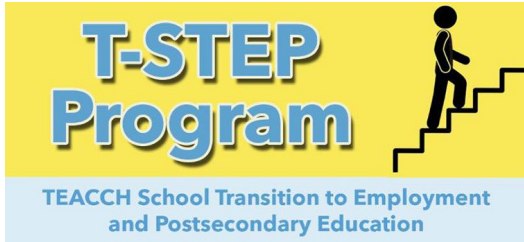



University of North Carolina at Greensboro: Beyond Academics <https://beyondacademics.uncg.edu/>




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Supports for Students with Autism on the Future Ready Core Diploma Pathway:

<p>Central Piedmont Community College TSTEP program for students with Autism to help with Transition, Internship and Social Skills. https://teacch.com/cllc/t-step-teacch-school-transition-to-employment-and-postsecondary-education/ https://teacch.com/files/2020/07/TSTEP-flyer_CPCC_Online-2020_21.pdf</p> 	<p>Autism Charlotte PATHS Transition Program https://www.autismcharlotte.org/copy-of-paths-compass currently on hold but keep checking</p> 
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Post-Secondary Education for Students on Future Ready Core and OCS Diploma Pathway:

<p>Eastern Carolina University family curriculum on Transitioning to College https://www.ecu.edu/cs-acad/stepp/college-bound-transition-curriculum-family-resources.cfm</p> 	<p>CPCC Disability Services https://www.cpcc.edu/academics/course-help-and-resources/disability-services</p>
<p>Planning Tools to Explore Colleges, Careers, Interests Inventories and Assessments https://www.cfnc.org/plan-your-future/ and https://www.careeronestop.org/ExploreCareers/Plan/plan-your-career.aspx</p>	<p>Contact Disability Services at prospective college</p>