

Community Resource Guide



Agencies listed may have certain eligibility criteria for services and we cannot guarantee that all agencies will be able to provide assistance. This is only a partial list of community agencies. We hope you will use this as a tool to assist in locating needed resources.

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Child Care

Childcare Resources, Inc.

Subsidized Child Care
704-376-6697

Alliance Center For Education

Child development programs for low income children ages 3 and 4.
704-333-0203

YMCA

After-school and summer camp
www.ymcacharlotte.org
704-716-6200

Clothing

Crisis Assistance Ministry

500 Spratt St, Charlotte NC
www.crisisassistance.org
704-371-3001 ext. 117

Health For Her

Provides clothing for babies newborn to 12 months of age.
704-372-5981

Charlotte-Mecklenburg Schools

Contact the principal of your school or your school's PTA for assistance with purchasing school uniforms or clothing needs for school age children through Operation School Bell.

Resources for Children, Youth and Families

100 Black Men of Charlotte: Group mentoring program for middle-school aged boys. Scholarship support available. www.100blackmenofcharlotte.org (704) 375-7300

A Child's Place: Education and support services for children enrolled in a Mecklenburg County school, and their families who are homeless or at risk of becoming homeless. www.achildsplace.org, 6800 St Peters Lane Matthews NC 28105, (704) 343-3790

After School Enrichment Program (ASEP): Offers after school programs along with summer camps. www.cms.k12.nc.us, (980) 343-5567

Alexander Youth Network: Diagnostic and outpatient mental health services, day treatment and residential services and **The Relatives Crisis Shelter:** Short term shelter with immediate access to direct services to youth aged 7-17 years at-risk or in crisis situations. Provides individual and family intervention services, walk-in and telephone crisis services, community referrals, and follow-up services. 119 East 8th St, 704-377-0602

Allegro Foundation: A Champion for Children with Disabilities is a 501(c) 3 non-profit organization that combines movement instruction with educational & medical expertise, creating new techniques to teach children with disabilities and enhance their quality of life. 704-364-4063

Big Brother/ Big Sister Program: Mentoring service for children ages 5-18. Helps children reach their potential through professionally supported one-to-one relationships. www.bbbscharlotte.org, 3801 E. Independence Blvd, Suite 101, (704) 910-1301

Boy Scouts of America: Prepares young people to make ethical and moral choices by instilling in them the values of the Scouts. www.mccscouting.org, 1410 East 7th St, (704) 333-5471.

Girl Scouts Hornets Nest Council: Programs for girls that build courage, confidence, and character. www.hngirlscouts.org, 7007 Idlewild Rd, (704) 731-6500

CARS Inspiring Youth harnesses the power of automobiles to inspire at-risk teens to finish their education and learn a practical, lifetime skill. www.carsinspiringyouth.org 704-608-0374

Circle de Luz radically empowers young Latinas by supporting their transformation through extensive mentoring, holistic programming and scholarship funds for further education. <http://circledeluz.org/>

Child Proof Advice was established in 2009 to assist the parents and caregivers of preschool age children in providing for a safe home environment. We are fully committed to providing a comprehensive educational program helping caregivers in reducing the number of preventable injuries of children. 704-364-9817; www.childproofadvice.org

Council for Children's Defense: Attorneys, advocates, and professional staff dedicated to serving children and connecting them to vital services. www.cfcrights.org, 601 East Fifth St Suite 510, (704) 372-7961

The Center for Community Transitions (formerly Energy Committed to Offenders): Offers emergency referrals for ex-offenders, as well as counseling, employment services, and support groups. The Family Support group meets the 1st and 3rd Mondays of the month. 2226 North Davidson St., 704-374-0762

Charlotte Mecklenburg Schools Student Placement: Public school system for students pre-K-12 in Mecklenburg County. After school care is offered for elementary students at some locations, for a fee. Dial-A-Teacher assists students with homework questions (operates during school year). Family Application Center: 1600 Tyvola Rd. 980-343-5335

Child Care Resources, Inc: Works with families and communities to ensure that children have access to high quality, affordable early learning and school-age opportunities and experiences which enable them to succeed in school and in life. www.childcareresources.org, 4601 Park Rd, Suite 500, (704) 376-6697

Child Development Center- Easter Seals: To provide early intervention and child care services for children with and without disabilities, including speech, physical, occupational and developmental therapy. 716 Marsh Rd., (704) 522-9912

Children's Theater of Charlotte has grown to become one of the top theatre and education organizations for young people in the United States. Nationally recognized for the breadth and strength of its programs, the Theater serves 300,000 children and families a year with technically imaginative productions and wide-ranging education programs for young people. 704-973-2800

Child Support Enforcement: Help with establishing paternity, child support orders and collection of Child Support. 704-432-9300

CMS Parent University: Provides offerings to enrich parents' ability to support their children's academic success and well-being. 1600 Tyvola Rd, (980) 343-0318

Communities in Schools of Charlotte-Mecklenburg (CIS): Dropout prevention organization that helps young people learn and prepare for life by connecting needed community resources with schools. Provides tutoring and mentoring. 601 East 5TH Street, Suite 300, www.cischarlotte.org (704) 335-0601

Exceptional Children's Assistance Center: a private non-profit parent organization committed to improving the lives and education of ALL children through a special emphasis on children with disabilities. www.ecac-parentcenter.org (704) 892-1321

Faith Hope Love Mentoring Program: Our program focuses on working with the family to get the children up to grade level, develop character and encourage the guardians to be involved in the children's efforts. 704-516-6595

Family Outreach and Counseling Center: Provides marital and family therapy; non-custodial fathers and youth support programs; family life workshops; family, juvenile, neighbor, divorce and visitation mediation; and family intervention and supervised visitation. 704-509-9917; 200 W Sugar Creek Rd

Florence Crittenton Services of Charlotte: Provides comprehensive health, educational and social services for single pregnant and non-pregnant adolescents, women and their families. Offers residential/non-residential programs to assist young women age 10 and older experiencing the problems associated with pregnancy, single parenting and adoption. www.fcsnc.org, 1300 Blythe Blvd, 704-372-4663

Friendship Missionary Baptist Church: Provides academic support for students and promotes college attendance by offering college tours. Offered second semester of school year. www.friendshipcharlotte.org 704-392-0392

Genesis Project 1, Inc/ Family Wellness Center, Inc: Services are designed to provide a professional and confidential setting for the psychological, emotional, and developmental support of families as they pursue collective and individual goals and explore personal growth. www.genesisproject1.org 704-596-0505

Girl Talk Foundation Inc: A non-profit, character building organization for girls ages 11-16 in which we focus on empowering girls to be leaders, promoting self-esteem, critical thinking, building character and self respect in young girls. www.girltalkfoundationinc.com

Girls on the Run: Prevention program for girls in the 3rd through 8th grade. Educates and prepares girls for a lifetime of self-respect and healthy living. www.gotrcharlotte.org 704-837-0088

Greater Enrichment: To provide an out-of-school time educational program that is fun and enjoyable for eligible school age (K-5th grade) students and their parents. www.gepinc.org 704-334-8518

Mecklenburg County Community Support Services Prevention and Intervention Services: Provides domestic violence support groups, individual counseling, and case management services to children and teens, ages 5-18, who have witnessed or were in a domestic violence relationship. WC: Provides support services for adult victims, and education services for batterers. 704-332-2513 24 hr hotline/ Safe Alliance shelter for battered women, 704-336-3210

Junior Achievement of the Central Carolinas: Provides young people (k-12) with practical economic education programs in the private enterprise system, through partnerships in the community. 704- 536-9668

Make-a-Wish Foundation: To grant the wishes of children with life-threatening illnesses. www.ncwish.org 704-339-0334

The Learning Collaborative: Provides a tuition free, high quality preschool education to at-risk families through a unique partnership with our children, families, parents, staff and community. www.tlccharlotte.org (704) 377-8076

LifeSpan Creative Campus-Center City: Day enrichment programs provide educational and enrichment activities to children during out of school hours, 2:00-6:00 p.m. and throughout the day during teacher workdays, select holidays, and summer break. 601 N. Graham St., (704) 333-7107

Little Smiles is a non-profit 501(c)3 organization that provides toys, games, DVD's, computers, VIP outings, celebrity meet and greets, concert, sporting event tickets, theme park tickets, fun food runs, nerf gun wars and much, much more...for children in local hospitals, hospices and shelters. 704-200-9322

Freedom School Partners: Serves elementary and middle school children in Seigle Point, McCadden Apartments and First Ward area. Programs are free of charge and include classroom instruction, tutoring assistance and mentoring programs; opportunities for music, art and team sports; relationship building with public school teachers and administrators and encouragement of parental involvement in their child's education. PO Box 37363, Charlotte, 28237, (704) 371-4922

Pat's Place Child Advocacy Center: As the only child advocacy center in Mecklenburg County serving children from birth to age 18, Pat's Place provides a physical environment where a child's well-being is our first priority, reducing trauma and promoting healing from sexual abuse. 704-335-2760

Police Activities League (PAL): Goal is to provide opportunities for the youth of our community that fosters their leadership and citizenship skills through academics and athletics. www.palcharlotte.org, (704) 336-2105

Project One Scholarship Fund provides students from lower income, single-parent families with scholarships and tools for college success, including a gifts and talents program, financial literacy, and mentoring. 704-241-4994

Protective Services for Children- DSS: Provides services for children in serious danger of abuse, neglect, or dependency as defined by NC General Statutes. Receives claims of abuse and neglect and investigates when appropriate. Casework and counseling services are offered to alleviate child abuse, and to help parents/ care givers to achieve healthier functioning. Provide family intervention services, permanency planning services, resource development services, foster care and adoption services. 704-336-2273 (24 hours)

Raising Academic Performance (RAP): After-school program that provides academic enrichment for at-risk youth in grades 4-10 to enhance their academic achievement and encourage development of life skills. Provides tutoring, individual and group counseling, summer camp and peer advisory. East Stonewall Ame Zion Church, 1729 Griers Grove Rd, (704) 394-2540, press 2.

Right Moves for Youth: The mission of Right Moves for Youth is to provide resources and guidance to help students graduate high school with a plan for their future success. Right Moves for Youth is a local non-profit organization working to reduce the occurrence of student dropouts in Mecklenburg County. Our program serves students in grades 6- 12. www.rightmovesforyouth.org 704-377-4425

Safe Kids Charlotte Mecklenburg: Our primary focus is to educate children, parents, caregivers, and the public; advocate for child safety; and conduct injury prevention programs in Mecklenburg County. www.safekidscharmeck.org

Support Works: Provides numbers for area support groups. 704-331-9500

TEACCH Center: The TEACCH® Charlotte Center serves individuals with Autism Spectrum Disorders. Services include diagnostic evaluations, treatment planning and implementation, education, consultation, supported employment assistance, training opportunities and research. <http://teacch.com> 704- 563-4103

Teen Health Connection: Provides physical and mental health services, education, advocacy, and research for youth, ages 11-21. www.teenhealthconnection.org 704-381-8336

The Males Place aims to provide life skills and other help to 12-18-year-olds so they will develop into responsible adults. We provide comprehensive and preventive health educational programs, enrichment experiences and resources necessary for appropriate manhood development. 704-713-3824

Thompson Child and Family Focus: We reach out to children of any age, up to 18 years, and to their families. We see a range of challenges, from the most severe cases of abuse and neglect, to instances where families simply lack the means or tools to provide quality care and education. www.thompsoncff.org 704-817-1600

Time Out Youth is a youth center for lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth and their allies, ages 11-20, in Charlotte and the surrounding areas. We offer support, advocacy, and programs for personal development and social interaction. 704-344-8335

Twelve Step Programs:

- Al-Anon/ Alateen: for adults/ teens with a family member, spouse or friend with a drinking problem. www.charlottealanon.org, 2810 Providence Rd, Suite A4, (704) 523-1159
- Alcoholics Anonymous: Fellowship who shares their experience, strength and hope so that they may achieve and maintain sobriety. www.charlotteaa.org, 1427 South Blvd, (704) 377-0244, 24 hour hotline: (704) 332-4387
- Co-Dependents Anonymous: A fellowship whose purpose is to develop healthy relationships through the discovery of, and recovery from, habitual codependent behaviors. www.codacharlotte.org, (704) 866-9373

Upward Bound: Provides support to participants in their preparation for college entrance. Serves low income families. Must have completed the 8th grade, be between the ages of 13 and 19, and be either from low income families or be potential first generation college students. www.ed.gov/programs/trioupbound

Urban League: To empower the community to attain financial stability and social justice in a global economy through education, training and placement.. 740 W. Fifth St, (704) 373-2256

Work First Family Assistance (WFFA)/ TANF: Provides time limited cash assistance to parents with minor children while they look for work, and cash assistance to relatives who are caring for children who are not their own. Eligibility is based on state and federal regulations. Employment social workers are linked to each WFFA family with parents who are participating in the program to provide assistance in breaking down barriers to employment. **301 Billingsley Rd. or 3205 Freedom Dr; or call (704) 336-3000.**

YWCA Central Carolinas: *The Youth Learning Centers offer youth a safe, educational and fun environment, with a variety of activities from swimming and storytelling to field trips and arts and crafts.* 704-525-5770

Mental Health Resources

Alliance Behavioral Healthcare

1-800-510-9132

CMC Behavioral Health Center 704-444-2400 or 800-418-2065 501 Billingsley Rd, Charlotte NC

Outpatient and Inpatient psychiatry for adults and children

Outpatient Therapy for Adults only

24 hour Psychiatric Emergency Room

Davidson Behavioral Health 704-444-2400 or 800-418-2065 16740 Davidson Concord Highway 73,

Davidson NC

Inpatient adult psychiatric

Faith Based

Catholic Social Services (sliding fee scale) 704-370-3232

Family Outreach & Counseling Center 704-509-9917

Jewish Family Services 704-364-6594

Lutheran Counseling and Education Center 980-613-3400

Methodist Counseling and Consultation Center 704-375-5354

Presbyterian Psychological Services 704-554-9900

Carolina Psychiatry and Behavioral Wellness

Ballantyne 704-446-8031 Davidson 704-801-9200

Eastover Psychological & Psychiatric Group of the Carolinas 704-987-2560

Kinder-Mourn 704-376-2580 Sliding scale fees; scholarships available

www.kindermourn.org

Mental Health America 704-365-3454 www.mhacentralcarolinas.org

Presbyterian Behavioral Health 1-800-786-1585

Safe Alliance 704-332-9034 Sliding scale fees

www.safealliance.org

University Psychological Associates 704-547-1483 Sliding Scale

Dental Needs

Affordable Dentures

Accepts Medicaid and Delta Dental insurance. Services for adults only. Accepts new clients. Dentists pull teeth and make dentures only. A full set of dentures starts at \$445. Office opens at 7:45 am, Monday through Friday. 842 Boyer St, Charlotte 704-399-4531

Atrium Health Dental Clinic

Accepts Medicaid and accepts fee for services based on income. Mostly extracts teeth; no caps or crowns. Must be a resident of Mecklenburg County. Adults and children. Open Monday through Friday 8:00 am to 4:30 pm. You must call in the morning at 8:00 am for an appointment. 704-355-2165

Central Piedmont Community College Dental Clinic

Teeth are cared for by student dental hygienists under the supervision of an instructor. Services include Oral cancer examinations, x-rays, Prophylaxis (Cleaning), Fluoride Treatments, Oral Hygiene Instruction, Pit and Fissure Sealants and Nutritional Counseling. Accepts adults and children ages 6 years and up. Insurance accepted; fee is \$35 for any type of service. 704-330-6704

Mecklenburg County Pediatric Dentistry

Pediatric dental health clinic for children ages 1 to 17 living in Mecklenburg County. All routine dental treatment except for braces and root canals on permanent teeth. Preventive services include exams, x-rays, cleanings, sealants, fluoride treatments, and one-on-one education. Call 704-350-7300 Monday - Friday 7:00 a.m. - 5:30 p.m. for an appointment. 980-314-9600

NC Mission of Mercy

The North Carolina Missions of Mercy (NCMOM) portable free dental program is an outreach program of the North Carolina Dental Society. See website for additional information regarding once per year dental clinic.
www.ncmom-charlotte.com

Shelter Dental Clinic

Provides free dental care to homeless, extractions only. Non shelter residents must provide a referral from an agency to receive services (Referral will typically come from agencies such as Urban Ministry Center or CMC). No fees charged. Open from 11:30 am-6:30 pm
www.shelterhealthservices.com 704-334-3187

Domestic Violence Resources

Charlotte Police: DSS has an on-site domestic violence representative from the Women's Commission. Roselyn Furlow is available to complete assessments, for crisis counseling and to provide links to other community resources. She is available at DSS Mondays 7:30 to 5:30 pm, Wednesdays 7:30 to 5:30 pm and Fridays 7:30 to 5:30 pm. If Ms. Furlow is not available please call 704-336-3210.

Mecklenburg County Community Support Services Women's Commission

Adult Victim Services

- Individual Counseling
- Domestic Violence Support Groups
- Legal Information Services
- Employment Assistance
- Case Management Services
- No fee

Child Services (HERO)

(Serves children age 5 to 18 years old who have witnessed Domestic Violence)

- Domestic Violence Support Groups
- Individual Counseling (school or office based)
- Case Management Services
- No fee

Teen Victim Services

(Serves teen's ages 13-18 who are in or have been in a teen domestic violence relationship)

- Domestic Violence Support Groups
- Individual Counseling
- Case Management Services
- No fee

REACH (Reaching to Educate Adolescents about Choices and Healthy relationships)

- 12 session, weekly group sessions
- Participants are 13-17 years of age

- Educational program for adolescent witnesses of domestic violence who demonstrate at-risk behaviors
- Primary goal is to deter future abusive behavior

NOVA (New Options For Violent Actions)

704-336-4344

- Batterer's education program
- 26 weekly sessions (required)
- Participants are 18 years of age and older
- Educational groups; weekdays, evenings and Saturdays
- Spanish and English groups

Domestic Violence Healthcare Project (DVHP): 24 hour crisis services to victims of domestic violence based at Carolinas Medical Center **704-446-3999**

Safe Alliance (*formerly known as United Family Services*)

704-332-2513

Shelter for Battered Women

- 24 – Hour Crisis Hotline
- Emergency Shelter for adults and children in imminent danger
- Individual Safety Planning and Crisis Intervention & Victim Advocacy for adults and children
- Domestic Violence Support Groups for adults and children
- Recovery and Trauma group
- Parenting groups (childcare available)
- Bi-Lingual
- No Fee

Victim Assistance

704-336-4126

- Assistance applying for restraining orders
- Civil and Criminal Court Accompaniment
- Crisis Support, Safety Planning and Photo Injury Documentation
- Bi-Lingual
- No Fee

VINE (Victim Information and Notification Everyday)

800-247-9658

VINE is a toll-free, computerized information service that provides inmates' status and release dates in Mecklenburg County, 24 hours a day. Anyone with a touch-tone phone can call to check the status of an inmate. To check an inmate's status one must have the inmate's first name and last name or the inmate's jail identification number.

SAVAN (Statewide Automated Victim Assistance & Notification)

1-877-NCSAVAN

SAVAN is a toll-free computerized information service, like VINE, that provides inmates' status and release dates in the state of North Carolina, 24 hours a day. SAVAN is available in English as well as Spanish.

National Domestic Violence Hotline

1-800-799-SAFE (7233)

National Teen Dating Violence Hotline (LoveIsRespect.org)

1- 866-331-9474

Education/Employment Training**Bridge to Careers**

Bridge to Careers is designed to build academic skills while providing students with an opportunity to explore college and career options. Bridge to Careers Program Highlights: Intensive, short-term program, career exploration – Personal career plan, math/reading courses and tutoring, technology/computer courses , GED preparation, earn the Work Readiness Credential, priority application for entry and scholarship for Pathways to Employment Program. www.cpcc.edu/ccr/pathways/bridge 704-330-2722

CARS Inspiring Youth harnesses the power of automobiles to inspire at-risk teens to finish their education and learn a practical, lifetime skill. www.carsinspiringyouth.org 704-608-0374

Community Culinary School of Charlotte is a nonprofit organization that provides training and job search assistance in the food service industry for people who have experienced barriers to employment. <http://communityculinary.org> 704-375-4500

Pathways to Employment

Pathways to Employment prepares students for entry-level employment in high-demand careers. The program integrates academic skill development, career advising, work readiness training and occupation-specific training through college-level courses. www.cpcc.edu/ccr/pathways/employment 704-330-2722

Urban League

To empower the community to attain financial stability and social justice in a global economy through education, training and placement. www.urbanleague.org 704-373-2256 ext 212

Charlotte Area Fund

Teaches new skills to help find jobs, offers computer classes and basic education classes. www.charlotteareafund.org 704-372-3010

Charlotte Works

Charlotte Works is a private/public partnership that brings together Charlotte area resources to educate, empower and engage Charlotte's workforce to meet current business climate needs. We provide customized resources including coaching, training and networking opportunities that will help to develop, align and connect job seekers with the changing employment needs of Charlotte area Employers. www.charlotteworks.com 704-206-1350

Goodwill Industries Career Development Services

Goodwill's Career Development Services match individual skills and abilities with employers' job needs, and provide job readiness and life skills training to help prepare individuals for the world of work. Retention strategies assist participants in maintaining employment and exploring career development opportunities. 704-372-3434

Lion Services

Provide vocational rehabilitation and employment opportunities to individuals who are blind or visually impaired. 4600-A N. Tryon St; Call for an appointment 704-921-1527

Services for the Blind

Services include vocational assessment, vocational rehabilitation, job placement, homebound employment, supported employment, and independent living services for people with low vision/blind needs. 5832 Executive Center Drive, Suite 100 704-563-4168

Vocational Rehabilitation

A public service program that assists individuals with disabilities to prepare for employment. 704-568-8804

Family Planning Services

This list includes information on clinic and agencies that provide assistance with making informed decisions regarding women's reproductive choices, including abortion, birth control and adoption. Some clinics offer discounted rates for health services for low-income women.

Medicaid- Family Planning (aka Be Smart)

This Medicaid program offers free family planning health services for moderate to low-income men (ages 19 to 60) and women (ages 19 to 55). Eligible NC residents can receive annual family planning exams, most types of birth control, testing for pregnancy, testing for STDs, assistance in planning when to have a baby and voluntary sterilization. Apply at Mecklenburg County Department of Social Services, 301 Billingsley Rd, Charlotte NC 28211. 704-336-3000

Contraception and Abortion Services

Carolina Center for Women

The goal of the clinic is to have all women provided with the most up-to-date, safe and efficient health care including individualized contraceptive plans, problem pregnancy counseling, general wellness exams and abortion services. 421 N Wendover Rd. www.carolinacenterforwomen.com 704-367-2255

Planned Parenthood of Greater Charlotte

Services provided include Services Offered: abortion referrals, birth control, general health care, HIV testing, LGBT services, men's health care, morning-after pill (emergency contraception), pregnancy testing & services, STD testing, treatment & vaccines, adoption referrals and women's health care. 4822 Albemarle Rd Suite 103
www.plannedparenthood.org 704-536-7233

National Abortion Federation

The NAF Hotline is available to answer any questions you may have about abortion, unintended pregnancy, or related issues. The Hotline is free, completely anonymous, and offers services to everyone, regardless of their individual situation. <http://prochoice.org> 1-800-772-9100

Abortion Alternatives and Pregnancy Support

Angel House Maternity Home is dedicated to helping displaced pregnant adolescent and adult women in crisis realize their dreams by providing safe housing, education, comprehensive health care, personal growth, and counseling. www.angelhousematernityhome.org 704-392-6270

Children's Home Society of NC

Offers the following services: teen pregnancy prevention and educational Support, parent education, parent support services, intensive family preservation and reunification services, foster care, family finding, birth parent counseling for unplanned pregnancies, child specific adoption recruitment, adoption matching and placement services, contract adoption support services, post adoption support, mental health services and family support and self-sufficiency programs. www.chsnc.org 1-800-632-1400

Mecklenburg County – Youth and Family Services

Provides: adoptive placements, services to biological parents, identifying potential adoptive families, home studies on independent and related adoptions and foster care. 704-336-5437

MiraVia

Residential Program: Our state of the art residential facility at the campus of Belmont Abbey provides free housing and support for pregnant college students throughout their pregnancy and beyond. 704-525-4673 ext.14 *Outreach Assistance Program:* A place for women to come and receive professional assistance and material donations both during pregnancy and after their baby is born. 704-525-4673 ext. 12

Nurse and Family Partnership

Nurse-Family Partnership (NFP) empowers first-time mothers living in poverty to successfully change their lives and the lives of their children through evidence-based nurse home visiting.
<http://www.careringnc.org/programs/nurse-family-partnership/> 704-375-0172

Health For Her

A non-profit, non-denominational, non-political organization that is committed to providing compassion, information and support to anyone facing the challenge of unintended pregnancy 1520 W. Sugar Creek Rd, Charlotte, NC;. www.prccharlotte.com 704-372-5981

Safe Surrender

North Carolina's Safe Surrender law allows an overwhelmed mother, who might otherwise harm her infant, to leave it with a responsible adult. A baby up to 7 days old may be placed with any responsible adult. The baby must be unharmed. Safe surrender is legal and anonymous. Anyone who receives a baby in this way must keep the baby safe and warm, and call 911 or the county social services department immediately. The baby will be adopted into a healthy, safe and loving home. www.safesurrender.net

Financial Assistance

Work First /TANF Benefit Diversion - Benefit Diversion may be offered to qualifying families (not currently receiving TANF/Work First) as an alternative to ongoing cash benefits. This is a one-time payment equivalent to up to three months' worth of cash Work First benefits, and is based on a needs assessment by the Work First worker. A worker may offer this option if the family's situation is related to maintaining or accepting employment, has occurred during a short break between jobs and the family will soon be receiving financial resources that will meet their ongoing needs. Apply at the Department of Social Services, 301 Billingsley Rd. or 3205 Freedom Dr; for more information please call 704-336-3000.

Crisis Assistance Ministries (CAM): 500-A Spratt St, Charlotte, NC 28206; CAM provides emergency financial assistance for rent and/or utilities. You should arrive no later than 7:45am, Monday-Friday to seek assistance as a walk-in client. You should come to the agency on the day of disconnection regarding utility bills. Note: you are required to bring the following information every time you come to the agency seeking assistance. To become eligible for an interview, you are required to provide the following items: picture ID for the adult making the application, Social Security cards for all citizens in the household, proof of income for the past 30 days for everyone in the household, documentation of your emergency such as current disconnection notice and a current lease for utility or rental assistance. You need to be a resident of Mecklenburg County for 60 days and you must be in your current housing for 60 days for any assistance. New moves that are assisted are those who moved due to Domestic Violence, Fire, Foreclosure and Abatement with Section 8. You must have proof of the forced move. If you need assistance with past due mortgage/foreclosure you will be referred to Consumer Credit Counseling. 704-371-3000

Note: The agencies and faith organizations below help with SMALL amounts (usually \$35 to \$150) of financial assistance and may not always be able to help due to very limited budgets for financial needs. Some take a week or longer to make a decision regarding your application. You must call for an appointment or be referred.

Victory Christian Center: 7200 Old Pineville Rd. You must apply in person and attendance at 3 church services is required. VCC will not assist if you are a member at another church, and also will not assist unmarried cohabiting couples. It takes about 7-10 days for a decision to be made on an application. Applications accepted on Tuesdays, 9:30-4:30 pm. No assistance with deposits available. 704-529-5888

Matthews Help Center; 119 N. Ames St., Matthews, 28106. For those who live within a 5 mile radius of Matthews Help Center into Charlotte, anyone with a Matthews residential address regardless of distance or 10 miles or less from the Matthews Help Center with an Indian Trail or Stallings residential address. Emergency assistance with rent, utility bills and prescription medications, automobile repair and other basic needs. 704-847-8383

Multiple Sclerosis Society: 9844-C Southern Pine Blvd, 28273. MS patients only. 704-525-2955

In Reach: Assistance to persons with developmental (severe intellectual) disabilities and their families. 704-536-6661

Goodfellows -; Call on Tuesday or Thursday for appointment, seen by appointment only. Limited emergency financial assistance for rent and utilities. No assistance available for week to week rents (hotel/motel), mortgages, deposits or new moves. Must submit verification of earned income for the past 30 days, id, and Social Security number. Must have applied with Crisis within the past 30 days. 704-333-5040

Community Link - Newcomer/Travelers Aid Program-, 500 Spratt St., Charlotte, NC 28204. For newcomer assistance must live in Mecklenburg County for 90 days or less. 704-943-9490

The North Carolina Utilities Commission has a Consumer Services Division that is responsible for assisting the public with complaints against regulated public utilities. This division can be reached at 919-733-9277 or 1-866-380-9816, 8-5. Their mailing address is NC Utilities Commission-Public Staff, Consumer Services Division, 4326 Mail Service Center Raleigh, NC 27699-4326.

St Vincent de Paul – Provides assistance up to \$100 with living expenses, you must apply with Crisis Assistance Ministry before your application can be considered. Must call on Tuesday between 9am-12pm. Calls received before or after this timeframe will not be returned- 704-369-0784

Goodfriends - This fund may be able to assist once in a 12-month period with an emergency need. No assistance available for deposits or first month's rent. You must apply with Crisis Assistance first. This needs to be the last place you look for funds after all the other sources have been exhausted. Referrals must come through an agency case worker or social worker.

Financial Planning Resources

Annual Credit Report - Free Annual Credit Report www.annualcreditreport.com

Foreclosure Prevention – Community Link - Mortgage default counseling, Foreclosure counseling, loss mitigation counseling, bankruptcy counseling, reverse mortgage counseling. 601 E. Fifth Street, Suite 220 Charlotte, NC 28202 www.communitylinknc.org, 1-800-977-1969

Foundation Free helps homeowners avoid foreclosure. Financial Counseling; Foreclosure; Home Loan; Mortgage Counseling, NC 1-888-995-4673, 1-888-995-HOP

Food

Charlotte Area Fund

Will provide emergency food through the CAF Food Pantry to elderly/disabled or CAF clients who do not qualify for the Self Sufficiency Project due to inability to seek employment, i.e. disability.
www.charlotteareafund.org 704-372-3010

Dilworth Soup Kitchen

Mondays: First Christian Church 1200 East Blvd 11:30-12:30 pm
Tuesdays: Ascension Lutheran Church 1225 E Morehead St 11:30-12:30 pm
Wednesday: St Mark's United Methodist 917 Clanton Rd 11:30-12:30 pm
Saturday: Sacrifice of Praise Ministries 2806 L D Parker Dr 12:00-1:00 pm
dilworthsoupkitchen.wikispaces.com

Roof Above Day Services Center

11:15 to 12:30 pm, 7 days per week
945 N College St, Charlotte NC
704-347-0278

Department of Social Services

Food and Nutrition Services Applications taken Monday through Friday 8:00 am to 5:00 pm.
301 Billingsley Rd Charlotte NC or 3205 Freedom Dr, Charlotte NC 704-336-3000 **EBT**
Hotline 1-888-622-7328

Community Outreach Christian Ministries

Breakfast served at 7:30 and Lunch served at 11:00 on Tues. and Wed. Charlotte
1800 Brewton Dr, Charlotte NC www.theharvestcenter.org 704-333-4280

Loaves and Fishes: Worker referral needed. Food pantries located throughout Charlotte.
www.loavesandfishes.org

Self-referral Food Pantries

NAME	ADDRESS	PHONE	HOURS
Faith Soldiers Word Ministries	835 Eastway Dr	704-567-2128	Mon.-Fri.: 9:00AM-5:00PM; call to schedule appointment and discuss qualifications
Sacred Soul Food Pantry	1825 Eastway Dr	980-301-5863	Call at 9 am on Thurs. only to schedule same day appointment; first come first served (typically serve about 8-10 families per week)
St. Paul Baptist Church/ Pantry	1401 N. Allen St	704-334-5309 (for information only, food pantry does not have its own phone)	2nd W: 9:00AM-12:00PM first come first serve; not by appointment; will give out food as people arrive until all food has been distributed
If My People Mission Center	2511 Lucena Ave	704-756-5176	Tues. & Thurs. 4:30; walk-in time
Jackson Park Ministries	5415 Airport Dr	704-392-4981	Must call in advance for an appointment; hours vary Open on Tuesdays and Fridays by appt
New Outreach Christian Center	3900 Gossett Ave	704-398-1777	Open Wednesdays & Fridays 7:00 to 8:00 pm.
Thrift United Methodist Church	8245 Moores Chapel Rd	704-392-9807	Call after 9:00 AM on Thursday to schedule same day appointment

Silver Mount Baptist Pantry	501 West Arrowood Rd	704-522-1528	Tues. 11:00AM-1:00PM and Wed. 9:00AM-12:00PM; first come first served; hours vary during holidays, call to confirm
Hickory Grove Baptist Church	7424 E. WT Harris Blvd	704-531-4060	T&TH: 10:00AM-12:00PM; walk-in time

Furniture

Crisis Assistance Ministries: Emergency financial aid for assistance with rent, utilities, clothing and furniture. 704-371-3001

Salvation Army: Thrift stores provide quality clothing, furniture and other goods to the community at bargain prices. www.salvationarmyusa.org, Locations: 1023 Central Avenue: 704-332-1171, 11328 E. Independence Blvd

Thrift Store- Charlotte Rescue Mission: Sells used clothing, jewelry, computers, household items, cars, boats, and furniture to support the work and programs of Charlotte Rescue Mission. 7020 Albemarle Rd www.charlotterescuemission.org 704-566-0405

Habitat for Humanity Re-Store: Sells donated appliances, furniture, building materials, hardware, electrical supplies, plumbing fixtures, household items, and paint to the general public; recycle overstocked, seconds, used, discounted and salvageable building materials donated by contractors and individuals. Locations: 1133 N. Wendover Rd, 704-716-7044, 3326 Wilkinson Blvd, www.charlotterestore.org 704-295-4495

Housing

NC Housing Search: Provides housing and resource information and a searchable database of currently available rental housing. www.nchousingsearch.com 1-877-428-8844

Inlivian: Inlivian manages the Public Housing and Section 8 certificate programs. Main office: 400 East Blvd., 704-336-5183. www.cha-nc.org/. *Call to see if new applications are being accepted at this time.* Family Self-Sufficiency Program -. www.cha-nc.org 704-336-5317

Habitat for Humanity: Low-income home ownership program. Orientation info option 2. www.habitat.org
704-376-2054

City of Charlotte Neighborhood Development: Resource contact for numerous housing programs and organizations that are dedicated to improving all of Charlotte's neighborhoods. Assistance varies by agency but some examples are Charlotte Neighborhood Fund, emergency rental and utility assistance, federal and state housing programs, homeless assistance, homeownership rehabilitation, House Charlotte down payment assistance, housing counseling for persons with AIDS/HIV, housing counseling services, housing trust fund, lead based paint hazard reduction. Call 311 or 704-336-7600 or 704-336-3380

Dream Key Partners: Affordable housing, must apply with each apartment complex. Employment is verified, must complete criminal background check and credit check. www.cmhp.org (704) 342-0933

Community Link: Provide assessment, intervention and referral and/or longer-term casework and supportive housing services. Limited rental subsidies available for families who qualify. Offer limited travel assistance for people who need a one-way ticket to a supportive environment. 601 E. 5th St Suite 220, Charlotte NC
www.communitylink-nc.org 704-943-9490

EMERGENCY & SHORT TERM HOUSING

Hope House Foundation

Hope House provides a comfortable environment and support services for single unaccompanied women or women with children (Boys up to age 8 only) experiencing "situational" homelessness. 704-992-1902
www.hopehousefoundation.org

Mecklenburg County Coordinated Entry: Short term housing for working families with children. Contact Homeless Support Services or your social worker to request a referral. There is likely to be a waiting list. www.charlottefamilyhousing.org 704- 284-9665

The Relatives Crisis Shelter, Alexander Youth Network: Short term shelter with immediate access to direct services to youth aged 7-17 years at-risk or in crisis situations (runaways, pushed-outs, abused, neglected, homeless). Provides individual and family intervention services, walk-in and telephone crisis services, community referrals, and follow-up services. 119 East 8th Blvd., www.alexanderyouthnetwork.org 704-377-0602

Clyde and Ethel Dickson Domestic Violence Shelter, Safe Alliance: Provides shelter, support, and community resource referrals to women and children in domestic violence situations..
www.safealliance.org/shelter-for-battered-women 704-332-2513

My Sister's House/Friendship Baptist Church: Serves homeless single females for short-term/transitional housing, provides case management and job readiness. Contact Iris Hubbard for referral and program info. 704-392-0392

Center of Hope (Salvation Army) Shelter: Temporary emergency shelter for women and children. Limited space available for fathers with children and teenage boys. Also provides food, referrals, clothing, case management, substance abuse treatment, GED, life skills, and computer classes, limited child care, 534 Spratt St. www.salvationarmycarolinas.org/charlotte/home 704-348-2560

Men's Shelter of Charlotte: Permanent year-round shelter for homeless men (18+). Some dental and medical services offered to residents and by referral. 1210 N. Tryon St., www.mensshelterofcharlotte.org 704-334-3187

Emergency Winter Shelter: Open October 1 to April 30 only - Men only; 3410 Statesville Ave 704-334-3187.

Roof Above Day Services Center: Open December 1 to March 31 only - Churches and colleges provide shelter for the homeless. Organized through Urban Ministry, 945 N. College St., www.urbanministrycenter.org/essential_services/room-in-the-inn/ 704-347-0278.

With Friends: Serves youth ages from 10-18 as an emergency shelter and crisis intervention center, provides adult supervision, counseling, case management, individual tutoring, academic testing, recreational services, spiritual enrichment and pastoral counseling. After school enrichment program and follow-up services Contact rhedmanwithfriends@yahoo.com for admission 2098 Keith Dr. Gastonia, NC

TRANSITIONAL HOUSING

Catherine's House: Transitional shelter for homeless women and children. Provides financial assistance for food, job training, parenting classes, etc. Interviews must be conducted before a person is accepted. Located in Belmont, NC. Serves Charlotte-Gaston County area. www.catherineshouseinc.org, (704) 825-9599

Families Together - Young Women's Christian Association (YWCA): Transitional Housing for homeless families of at least three people with a minor child and a working adult head of household. Must be referred by a community shelter agency Provides housing, case management, and referrals to community resources. www.ywcacentralcarolinas.org/programs/families-together-ft (704-525-5770).

Hoskins Park Ministries (HPM) is a Christian ministry whose primary purpose is to share the love of Christ with the poor and homeless by providing transitional housing facilities, clothing, food and other necessary support to those in need. www.hoskinspark.org/index.html 704-391-3303

Harvest Center Of Charlotte: For women with children or married couples with children. (704) 335-1616

Samaritan House: Provides temporary housing for homeless persons after they are released from a hospital. Must be referred by medical or social work staff from the hospital. www.thesamaritanhouse.org 704-333-0110

Women in Transition Program: For single women, ages 18 and up, with a regular source of income. Also offers case management, resource library, and health services. This is not emergency housing. 704-525-5770 ext. 205.

PROGRAMS FOR HOMELESS PERSONS

A Child's Place: Education and support services for children and their families who are homeless or at risk for becoming homeless. 601 E. Fifth St. www.achildsplace.org 704-343-3790

Roof Above Day Services Center - Provides assistance with lunch, counseling, mail services, laundry facilities, showers, bathrooms, and other services 8:30 AM to 4:30 PM. 945 N. College St, Charlotte 704-347-0278.

Mecklenburg County Coordinated Entry: Assessment and referrals that link the client to agencies throughout the Homeless Services Network, as well as other community resources. 704-284-9665

SPECIALIZED HOUSING

Charlotte Rescue Mission: Residential program for men and women battling addiction. Rebound 704-334- 4635 ext. 501 (men's program). Dove's Nest 704-332-3999 ext. 113 (women's program).

Community Choices, Inc/ Cascade: Services for women who are pregnant or with children and are chemically dependent., www.comalt.org 704-336-4844

Hope Haven: Homeless single adults with children who have completed primary substance abuse treatment within the last year. Provides housing, counseling, vocational training programs, aftercare program, parenting, transportation to AA/NA meetings and life skills training.
www.hopehaveninc.org 704-372-8809

House of Mercy: A Ministry of the Sisters of Mercy providing a home and specialized care for persons living with AIDS. www.thehouseofmercy.org 704-825-4711

Housing/ services for pregnant women and or their children:

Florence Crittenton Services 704-372-4663;

Mira-Via: is a safe haven and source of hope for pregnant mothers and their children. College Maternity Residence 704-525-4673

Angel House: helping displaced pregnant adolescent and adult women in crisis realize their dreams by providing safe housing, education, comprehensive health care, personal growth and counseling. Angel House will provide a humane environment, in order to help enhance the self-image of its clients and to preserve their dignity.

Oxford House: Serves adults in boarding home settings that are in substance abuse recovery; residents pay rent and must not have disruptive behaviors. 19 Locations throughout Charlotte, with an average of 8 beds per house. 919-812-8282

Salvation Army: Adult Rehabilitation program for men with substance abuse problems. 1023 Central Ave, 704-332-1171

Supportive Housing Community: Provides long term housing for single homeless men with a disabling condition including substance use, with at least \$500 monthly income, who have been felony free for the least 3 years. 2120 N. Davidson St., 704-335-9380

The Center for Community Transitions: Works to assist offenders and their families through various programs designed to aid in the transition from the Criminal Justice System to the community. Aftercare contact 704-374-0762

Legal Resources

26th Judicial Self-Serve Center – 832 E Fourth St, Suite 3350, Charlotte NC

Provides forms and filing instructions to individuals who want to represent themselves in the following matters: child custody/visitation and support, modification of custody, visitation and support, contempt, domestic violence, name change, limited driving privileges, and small claims. No legal advice or attorney representation provided. 704-686-0210

Disability Rights & Resources is a consumer-controlled, community-based, cross-disability, non-residential, private, non-profit Center for Independent Living. We advocate and serve as mentors for people with disabilities in a four-county service area comprising Cabarrus, Gaston, Mecklenburg and Union Counties in North Carolina. www.disability-rights.org 704-537-0550

Latin American Coalition: La Coalición is a community of Latin Americans, immigrants and allies that promotes full and equal participation of all people in the civic, economic and cultural life of North Carolina through education, celebration and advocacy. 704-531-3848

Legal Aid of North Carolina – 1431 Elizabeth Ave., Charlotte NC

Legal assistance for low-income persons; Accepts some cases involving housing law (evictions, foreclosures, tenant's rights, subsidized housing, utilities), family law (domestic violence, limited custody and child support), and consumer law (unemployment insurance, wills, power of attorney). www.legalaidnc.org 704-376-1600

Legal Services of the Southern Piedmont – 1431 Elizabeth Ave., Charlotte NC

Legal assistance for low-income persons; Accepts some cases involving assistance to non-English speaking Hispanics and other immigrants, tax matters, public benefits, health issues (Medicaid, Medicare, access to health care, rest home and nursing home issues), and housing and consumer law. www.lssp.org 704-376-1600

Council for Children's Right – 601 E Fifth St, Suite 510, Charlotte NC

We provide attorneys, advocates and staff to protect the rights and interests of children who find themselves in need of a voice. We also connect children and their families with agencies and institutions that help them thrive. 704-372-7961

Lawyer Referral Services – 704-375-0120

Important Note: Department of Social Services does not address custody issues regarding children who are not in DSS custody. If you suspect a child is being abused or neglected, please call Child Protective Services at 704-336-2273.

Medical Equipment and Supplies

Assistive Technology Center Provides people who have disabilities with access to assistive technologies. Services include equipment lending, demonstration center, information, technical assistance, evaluations, training and education. www.ncatp.org 704-566-2899

Handi-Clean Family Foundation

Provides assistance to aid in purchasing medical equipment. Must write a letter stating the need, cost, financial background, and have no other means for supply of items needed.

Attn: Linda Mosley 2302 Meadowlark Rd High Point NC 27265

Easter Seals Foundation Special Needs Program assists in purchase of or repairs to durable medical equipment. Clients must be disabled and live independently.

1-800-662-7119 ext 8606

Medicaid: Medicaid will cover many medical supplies and durable medical equipment if prescribed by a physician and purchased through a home health agency. The client does not have to be homebound. Diabetic supplies are covered. Questions regarding whether Medicaid covers a supply or equipment should be addressed to CareLine at 1-800-662-7030

Veteran Services Office: Assists Military veterans, dependent or survivor (including widow/widower, children and/or parents) with special adaptive housing and equipment. 704-336-2102

Division of Vocational Rehabilitation Services: Provides services and assistance for disabled person who want to work. Can assist with hearing aids and other medical equipment, if needed to return to employment. 501 Executive Center Dr., Suite 101 Charlotte NC (704) 568-8804

Programs for Hearing Impaired

Charlotte Speech and Hearing: 741 Kenilworth Ave, Charlotte NC

Provides services for speech, language and hearing handicaps. Services provided include: hearing screenings and evaluations; hearing aid sale and service; assistive listening devices impedance testing; industry hearing tests; special diagnostic testing; speech screenings, evaluations, therapy and consultations. Offers a sliding fee scale based on household income.

<http://charlottespeechhearing.com> 704-523-8027

Epic Hearing Health Care

Audient helps low income people nationwide access quality hearing aids and related care at a significantly lower cost. AUDIENT income qualifies families to be eligible for a discount on brand name hearing aids available through the AUDIENT Alliance's national network of dedicated hearing care providers.

<http://audientalliance.org> 1-866-956-5400 ext.2

Division of Services for the Deaf and the Hard of Hearing

Advocacy, information, counseling, skills development and tools for Deaf, Hard of Hearing, Deaf-Blind and Speech-Impaired individuals and their families.

5501 Executive Ctr Dr Suite 200 Charlotte NC 704-568-8558

Alexander Graham Bell Association for the Deaf

3417 Volta Pl, NW Washington, DC 20007

The Alexander Graham Bell Association for the Deaf and Hard of Hearing helps families, health care providers and education professionals understand childhood hearing loss and the importance of early diagnosis and intervention. Through advocacy, education, research and financial aid, AG Bell helps to ensure that every child and adult with hearing loss has the opportunity to listen, talk and thrive in mainstream society.

www.listeningandspokenlanguage.org Phone: 202-337-5220

Hear Now

Hear Now is committed to assisting U.S. residents with hearing loss, who have no resources to acquire hearing aids. Every applicant is asked to call Hear Now to discuss their eligibility for the program. Please call 1-800-328-8602 (ask for Hear Now) to discuss this with a program representative.

Travelers Protective Associations

TPA Scholarship Trust provides assistance for mechanical devices, medical or specialized treatment or specialized education to those who demonstrate financial need. Grants may be used to purchase hearing aids, assistive listening equipment, or may help with the cost of a cochlear implant. Apply by March 1. 2041 Exchange Dr, St Charles Missouri 63303 www.tpahq.org 636-724-2227

Miracle Ear Foundation

Miracle-Ear® is committed to helping underserved people with hearing loss and giving them the gift of sound. Applicants must contact their local Miracle-Ear store to submit the application, supporting documents and application fee (\$150 adults only). www.miracle-ear.com/en-us/miracle-ear-foundation/eligibility

Medical Needs

Medicaid: Medicaid is available to low-income persons who are either: Over age 65, under age 19, a relative providing care for a child (up to age 18), pregnant, disabled, blind, in or planning to enter a nursing home or rest home. Full Medicaid covers most medical needs. **NC Health Choice:** free or reduced price comprehensive health care program for children. Apply for Medicaid and NC Health Choice at Mecklenburg County Department of Social Services, 301 Billingsley Rd or 3205 Freedom Dr. 704-336-3000.

Family Health Resource Line, NC: Answers questions, makes referrals and provides health information about pregnancy, parenting skills, breastfeeding, nutrition and WIC, childhood and adolescence. Provides basic facts and sends printed resources, including Medicaid applications. 1-800-367-2229

Vaya Health Crisis: Screening and triage referral line for county residents challenged by mental health, developmental disability or substance abuse issues. 1-800-939-5911

Camino Health Center: Provides primary medical care by appointment only. Spanish speaking interpreters and bilingual staff available. 133 Stetson Drive, Call (704) 596-5606 to make appointments. Appointments held Tuesday & Wednesday 9:00 am to 5:00 pm.

CARE RING-Low Cost Clinic: Provides basic health care to those who can afford modest office visit fees. The clinic is open Monday-Friday from 8 a.m. to 5 p.m. Provides adult immunizations, adult blood screening, TB testing, physical exams for employment and school, and preventive health services for a low-cost. Office visits are \$50. Call for an appointment. 601 E. Fifth St., Ste 140 (704) 375-0172

CARE RING-Physicians Reach Out: A nonprofit outreach program that provides primary and specialty medical and dental care to eligible uninsured residents in Mecklenburg County. Eligibility criteria includes residents of Mecklenburg County, have income at or below 200% of Federal Poverty guidelines, must not have Medicaid, Medicare, VA, or private insurance and must not have been a patient of any sliding scale or subsidized health clinic within the past 24 months. 601 E. Fifth St. Ste 140, 704-371-0172.

Atrium Health Outpatient Clinics and Pharmacy: Provides on-going health care for low-income persons in Mecklenburg County. Office visits for residents meeting income and eligibility requirements are on a sliding scale. Established patients without prescription coverage can purchase medications prescribed by a CMC clinic or hospital at a CMC pharmacy at a reduced cost. Prescriptions from outside providers will not be filled at clinic pharmacies. A deferment of the medication cost or co-pay may be given for uninsured or Medicaid patients within a week after a CMC Main hospital or emergency department discharge at Myers Park Clinic. An appointment must be made with one of the following clinics before one can apply for a sliding scale program. Clinic locations – Myers Park Clinic - 704-446-1600; NorthPark - 704-446-9991; Biddle Point - 704-446-9987; Behavioral Health - 704-444-2400 or toll free 1-800-418-2065.

Charlotte Community Health Clinic: Provide preventative primary care as well as ongoing chronic disease management for low-income, uninsured Mecklenburg County residents. Eligibility criteria includes residents of Mecklenburg County, low income, uninsured no Medicare, or income below 200% of Federal poverty level, not receiving primary care through other free clinics, CMC Clinics, or C.W. Williams Community Health Center. 6900 Farmingdale Dr. 28212, 704-316-6561

Atrium Health Outpatient And Care Management: A network of over 150 providers in Mecklenburg, Union and Anson counties, and a component of CCNC. The program pro-actively identifies at-risk Medicaid enrollees who can benefit from case management services. The CCPGM focus is to ensure enrollees develop a relationship with a Medical Home. 704-512-5555

CW Williams Community Health Center: Provides on-going health care and medications for low-income persons. Accept Medicare, Medicaid and most insurance. Uninsured patients pay on a sliding fee scale for both clinic medical appointments and medications at their pharmacy. 3333 Wilkinson Blvd, and 900 East Boulevard, 704-393-7720

Carolinas Diabetes Center: Pregnant women can be referred through their physician to receive diabetes education, treatment, nutritional care and high-risk obstetrical services. Sliding scale fees for those meeting income and eligibility requirements. Located at 1025 Morehead Medical Drive, Suite 500, (704) 446-2320

Centro Medico Latino: Primary care physician. Cost is \$75 per visit; lab work is not included in the visit cost. Walk-ins welcome. Office open from M-F-9-5pm and Sat. 9-1pm, bilingual interpreters available, 1928 Randolph Rd Ste 215, 704-333-0465

Dental Hygiene Clinic at CPCC- Teeth cleaning, fluoride and x-rays. Screening is free (walk-ins, first come/first-serve, schedule varies, call for current schedule). If accepted \$35 per visit for appointment.

The Adda Jenkins Center: Provides primary care to uninsured residents of Cornelius, Davidson, Huntersville, Mooresville and Troutman. Services include - Health assessments, physicals, diagnosis and treatment for illnesses. Must not have Medicaid, Medicare, or insurance. Walk-in clinic-Open Thursday nights, sign-in -5pm, clinic-6:00- 8:30pm. Ada Jenkins Center, 212 Gamble St, Davidson, 704-896-0471

Heartbright Foundation: Free treatment of cardiovascular disease, diabetes, high blood pressure. Call for an appointment. www.heartbright.org 704-373-3002

Lake Norman Community Health Clinic: Provides free medical care to low income persons who have no insurance and are residents of the following zip codes: 28031, 28036, 28269, 28216, 28078, 28115 & 28117. By appointment only. 14230 Hunters Rd, Huntersville 28078. 704-947-6858

Matthews Free Medical Clinic: Provides free health care to individuals living in Mecklenburg and Union Counties who have no do not receive Medicaid, Medicare , VA or other insurance. Eligibility criteria includes income below 200% of federal poverty guidelines, have no insurance, Medicare, or Medicaid. Must attend new patient screening (call for schedule). Patients are seen by appointment only. 196 S. Trade St, Matthews 28105. Applications available at www.matthewsfmc.org 704-841-8882

Mecklenburg County Health Department: Services include: Immunizations, Pap Smears, TB testing and treatment, Family Planning, Pregnancy Tests, STD testing and treatment, HIV testing and other programs. Most services offered at free or reduced rates based on eligibility. 704-336-4700

Novant Health Community Care Cruiser- Immunizations only for ages birth to 18 only. First come first serve (no appointments taken), Spanish speaking interpreters available at each site. Hours are 9am to 3pm, cruiser operate 13 hours per month, location varies. * Health care is not available for children with NC Health Choice or private insurance. Website has the schedule for each location. www.presbyterian.org/cruiser 704-384-3031

Primary Health-Care of Charlotte, PA: Provides care and counseling based on a nursing diagnosis, self-care plan, implementation and follow-up evaluation for the individual, family and work site for low costs. Assessment for sexual abuse by a certified Forensic Nurse Examiner and life support/mentoring group for survivors of sexual abuse. 508 Beatties Ford Rd, (704) 347-1172.

Teen Health Connection: Provides acute, chronic, preventive, and reproductive healthcare; diagnosis and treatment for eating disorders, emotional, behavioral and learning problems; education and training; annual checkups; immunizations; and nutrition and weight management for adolescents age 11-21. Staffed by medical and mental health professionals. Sliding scale fee, Medicaid, most insurance. Call for an appointment. 3541 Randolph Rd., Suite 206 (704) 381-8336

Shelter Health Services, Inc.- Limited primary care for residents staying at the Salvation Army Center of Hope Women's Shelter only. Monday-Friday 11:30am- to 6:30pm. 534 Spratt St. Charlotte, NC 28206 (704) 334-0000

Veterans Affairs Outpatient Clinic/Charlotte Community Based Outpatient Clinic: This clinic offers services for veterans who qualify for VA services. Pharmacy available. Veterans can call to check on eligibility and to schedule an appointment. The address of the clinic is 8601 University East Dr., Charlotte, 28213. (704) 597-3500

Medications

Patient Assistance Program

Many medical companies provide assistance to low-income patients through their patient assistance programs: www.needymeds.com; www.pparx.org; www.rxassist.org.

MedAssist

Assistance with medication for low-income persons age 18 or older, residing in Mecklenburg County, who are not eligible for full Medicaid or Medicare D coverage. Also provides assistance with applying for patient assistance programs. www.medassist.org 704-536-1790

Veterans Administration

Veterans enrolled for care at a VA medical center may use the VA pharmacy for their medications. A VA physician must write prescriptions. Refill requests may be sent in by mail and the pharmacy will mail the medications to the veteran. For additional information: <http://www.va.gov/health/elig>.

Specific Conditions/Illnesses

Diabetes

CMC Diabetes Center

We care for children and adults with Type 1 diabetes, Type 2 diabetes, and those managing diabetes during pregnancy. Our Certified Diabetes Educators are specially trained nurses and dieticians who work with patients, their families, and their doctors to attain optimal health. Office visits for residents meeting income and eligibility requirements are on a sliding scale. 1628 E Morehead St Charlotte 704- 446-2320

American Diabetes Association

The American Diabetes Association's Charlotte office is committed to educating the public about how to stop diabetes and support those living with the disease. 1300 Baxter St Suite 150 Charlotte, NC 28204; 704-373-9111

Brain Injury

Brain Injury Association of North Carolina

BIANC is the only organization in North Carolina whose mission is specifically to help address the needs of the survivors of brain injury, and prevent brain injuries across the state. We offer *help, hope, and a voice, for people with brain injuries and their families*. www.bianc.net 1-800-377-1464

Cancer

American Cancer Society

Limited supply of items such as ostomy needs, wigs, mastectomy bras and some breast prosthesis; Road to Recovery (rides to patients with no means of transportation to radiation and chemotherapy. Limited assistance with prescription drugs for cancer patients and some equipment, if available. 704-552-6147

Buddy Kemp Cancer Support Center

The Novant Presbyterian Buddy Kemp Cancer Support Center is a community cancer support program offering support groups, individual counseling services, educational programs, lending boutique and a resource library for individuals diagnosed with cancer, their families and friends. Services are free, regardless of doctor or hospital association. 242 S Colonial Ave, Charlotte, NC 28207 704-384-5223

CancerCare

The leading national organization provides free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. www.cancer.org 1-800-813-4673

Rohr Rockstars empowers children facing cancer and other extended illnesses to reach their academic goals and to walk confidently and optimistically through their journey as lifelong learners. (704) 307-8210

The March Forth With Hope Foundation provides financial assistance to families battling cancer or other life-threatening diseases. 704-844-9994

The GoJenGo Foundation is a non-profit institution dedicated to providing financial assistance and emotional support to individuals and families, in North and South Carolina, who are battling breast cancer. We provide aid during diagnosis, treatment and recovery. <http://gojengo.org>

Eye Care

Metrolina Association for the Blind

The mission and purpose of this agency is to reduce or eliminate the daily living problems imposed upon people by blindness or severe visual impairment. 704-372-3870

Division of Services for the Blind

Assist low-income people with talking clocks, magnifiers, and other assistive equipment. The Medical Eye Care Program can assist with eye exams, eyeglasses, eye drops, and some surgeries. 704-563-4168

Lions Services Eye Clinic

Low cost clinic for eye exams and glasses. www.lionseyeclinic.com 704-599-4760

EyeCare America

Those who are age 65 or older and who have not seen an EyeMD in three or more years may be eligible to receive a comprehensive, medical eye exam and up to one year of care at no out-of-pocket cost for any disease diagnosed during the initial exam. Volunteer ophthalmologists will waive co-payments, accepting Medicare and /or other insurance reimbursement as payment in full: patients without insurance receive this care at no charge. The program does not provide eyeglass prescriptions, eyeglass/refraction exams (the prescription part of exam) or cover the cost of glasses. www.eyecareamerica.org 1-877-887-6327

New Eyes for the Needy provides vouchers for the purchase of new prescription eyeglasses. www.neweyesforthenedy.org (973) 376-4903

Other

Christy's Courage Foundation

The mission of Christy's Courage Foundation is to improve the quality of life for children, adults, and their families with EA/TEF by offering support groups, medical education, pharmaceutical & medical equipment, and holistic treatment resources. <http://christycourage.com>

Kidney Foundation of NC

The National Kidney Foundation is the leading organization in the U.S. dedicated to the awareness, prevention and treatment of kidney disease for hundreds of thousands of healthcare professionals, millions of patients and their families, and tens of millions of Americans at risk. 704-519-0020

Multiple Sclerosis Society

The Society helps people affected by MS by funding cutting-edge research, driving change through advocacy, facilitating professional education, and providing programs and services that help people with MS and their families move their lives forward.

704-525-2955 or 800-477-2955

Muscular Dystrophy Association

MDA offers assistance in obtaining prescribed items through its national equipment program and referrals to community resources. MDA also assists with repairs to medical equipment used in connection with a neuromuscular disease. 704-567-2912

Piedmont Health Services and Sickle Cell Agency: To provide outreach, education, screening and case management for people with high-risk health problems. (704) 910-2002

Regional AIDS Interfaith Network: RAIN engages the community to transform lives and promote respect and dignity for all people touched by HIV through compassionate care, education and leadership development. (704)372-724

Miscellaneous

Big Brothers and Sisters

Big Brothers Big Sisters makes meaningful, monitored matches between adult volunteers (“Bigs”) and children (“Littles”), ages 6 through 18, in communities across the country. 704-910-1301 ext 1016

Bottles N Bottoms

Bottles N Bottoms currently serves families that live in a household with income at or below Medicaid and WIC guidelines in Mecklenburg County. Babies can receive supplemental formula up to age 1 and supplemental diapers up to age 3 depending on availability of diapers and formula on a quarterly basis. You must be referred by a community agency.

CharMeck 311

Provides easy access to local government. Customer Service Representatives are available to answer your questions and/or process selected service requests 24 hours a day, seven days a week.

InReach provides residential and community support and services for children and adults with developmental and other disabilities in residential and community settings. 704-536-6661

Just 1 Call

One stop source of information and assistance for seniors and adults with disabilities living in Mecklenburg County, as well as their families and professional caregivers, where they may reside. This service is confidential, free of charge and easy to use. (704) 432-1111

Miravia

Outreach Assistance Program: A place for women to come and receive professional assistance and material donations both during pregnancy and after their baby is born. 704-525-4673 ext. 12

Shepherd's Center of Charlotte

Handyman Services – Volunteers perform small repairs to help keep older adults homes safe and viable. The program is coordinated by a Volunteer Coordinator who assigns a handyman volunteer to a job. Donations to SCC are accepted. 704-365-1995

Social Security Administration

Applications for Social Security cards, SSI and Social Security disability. 1-800-772-1213

Support Works

Central phone services that gives current information on multiple support groups in the area (i.e., AA, NA, SA, incest survivors). 704-331-9500

The HeartBright Foundation: Our main focus is providing education for the community in healthy lifestyles and to fund preventive cardiology programs in economically disadvantaged communities. 704-373-3002

Time Out Youth is a youth center for lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth and their allies, ages 11-20, in Charlotte and the surrounding areas. We offer support, advocacy, and programs for personal development and social interaction. 704-344-8335

Substance Abuse

Anuvia (Treatment and drug education center)
704-376-7447

Cascade Program (treatment for pregnant women)
704-336-4844

Behavioral Health Crisis Line
800-418-2065

Family Outreach & Counseling Center
704-509-9917

Hope Haven
704-372-8809

McLeod Addictive Disease Center
704-332-9001

Transportation

Department of Social Services 704-336-3000

Elderly Disabled Transportation Assistance (EDTAP) for Adults aged 60+ and children and adults with a disability are transported to and from dialysis or chemotherapy. Passengers pay a \$1.50 fare. Congregate Transportation provided directly by MTS for adults aged 60+ to and from Mecklenburg County Senior Citizens Nutrition sites for a nutritious meal and social activities. Contributions are accepted but not required. (704-336- 3000)

Elderly General Purpose (EGP) Transportation for adults aged 60+ that are not living in an assisted living facility or nursing home or persons with a disabilities (SSI, SSA Disability, Veterans Disability) are transported to and from medical appointments, grocery shopping, Recreation and Senior Centers, paid employment, post secondary education services and Mecklenburg County Senior Nutrition Program (SCNP) sites. Bus service is the primary mode of transportation. When the person cannot ride the bus, door-to-door transportation is provided. A physical assessment is required. The fare for a monthly bus pass is \$10.00. Passengers pay a \$2.80 fare. (704-336-3000)

Rural General Purpose (RGP) Transportation within a town or an unincorporated region of Charlotte, from a rural area to the nearest CATS bus stop or from one rural area to another rural area within the same region. Customers are responsible for CATS bus fare. Door to door service is provided within the rural area (e.g., Matthews to Matthews, Pineville to Matthews, Huntersville to Huntersville or Huntersville to Davidson). Passengers pay a \$1.50 fare. (704-336-3000)

Medical Transportation for adults and children authorized to receive Medicaid transportation are transported to and from a medical destination. CATS bus service is the primary mode of transportation. When the person cannot ride the bus, door-to-door transportation is provided. A physical assessment is required. (704-336-3000)

Senior Citizens Nutrition Congregate (SCNP) transportation provided directly by MTS for adults aged 60+ to and from Mecklenburg County Senior Citizens Nutrition sites for a nutritious meal and social activities. Contributions are accepted but not required. Veterans Transportation for qualified veterans are transported to and from Veterans Affairs hospitals in North Carolina and to and from medical clinics in Charlotte. (704-336-3000)

Comprehensive Community Program (CCP) transportation provided directly by MTS for disabled individuals to sheltered workshops/supported employment sites. (704-336-3000)

Shepherd's Center of Charlotte provides rides to medical services, dental and therapy appointments as well as to the grocery store, bank and other necessary appointments. Calls are received in the SCC office and available volunteers identified who contact the individual in need of a ride. Donations are accepted. 704-365-1995

Red Cross: If you need a ride to your medical appointment and do not receive assistance from Special Transportation Services or DSS Transportation Services and are ambulatory or have an escort you may qualify for The American Red Cross Transportation Services. To enroll a client in the American Red Cross Transportation Services Program, we must have a one-time phone referral called in by a medical professional, social worker, Home Health Care nurse etc.

Special Transportation: City of Charlotte Transportation for those unable to ride a regular city bus. Call for an application. 704-336-2637 ext. 03

Metrolina Association for the Blind: Assist individuals who are blind and visually impaired in maintaining an independent lifestyle by providing transportation for medical appointments, business and shopping trips. This program is designed to be one option for transportation while simultaneously educating the users on all types of transportation available in the area. 704-887-5134

American Cancer Society: Road to Recovery provides rides to patients with no means of transportation to radiation and chemotherapy. 1-800-227-2345

Veterans

Charlotte Bridge Homes

Charlotte Bridge Home helps Charlotte veterans successfully transition home after military service by identifying their education, employment and healthcare needs and connecting them to available community, state and federal resources. 704-332-8802 <http://charlottebridgehome.org>

Community Link

Supportive Services for Veteran Families (SSVF) is a service of Community Link's Homeless to Housing program. The service targets very low-income Veterans and their families who are homeless or on the verge of homelessness. 704-943-9490 or 800-977-1969

Veteran Services Office

Offers assistance with VA benefits. 700 North Tryon St. Charlotte NC; Office Hours: Monday – Friday 8:30AM to 3:30PM; 704-336-2102

Veterans Affairs Outpatient Clinic/Charlotte Community Based Outpatient Clinic: This clinic offers services for veterans who qualify for VA services. Pharmacy available. Veterans can call to check on eligibility and to schedule an appointment. The address of the clinic is 8601 University East Dr., Charlotte, 28213. (704) 597-3500

Veterans Services Transportation qualified veterans are transported to and from Veterans Affairs hospitals in North Carolina and to and from medical clinics in Charlotte. (704-336-2102).