Virtual Groups for Kids, Tweens, & Teens

January 2023 Schedule

Jan 9 @ 5:30 pm. Setting Boundaries within Friendships
Target Audience: Kids

Jan 16 @ 4:30. What are Feelings?
Target Audience: K-2nd Grade
Link to Register: https://bit.ly/3FG8eal

Jan 19 @ 5:30. Building Confidence In and Out of School
Target Audience: Middle School

Jan 23 @ 5:00. Building Confidence Socially and Academically
Target Audience: High School
Link to Register: https://bit.ly/3FJwzw1

Jan 26 @ 4:30. How to deal with Big Feelings
Target Audience: 3rd-5th Grade

Jan 30 @ 5:30. Internet Safety for Social Media
Target Audience: Middle School
Link to Register: https://bit.ly/3v7hmjC

Jan 12 @ 4:30. Setting Boundaries within Friendships and Dating
Target Audience: High Schoolers
Link to Register: https://bit.ly/3FM3WOZ

SPARC is pleased to present these virtual trainings through the support of MeckHope. These groups are open to any school aged youth in Mecklenburg County.

- **Registration is required.**
- The groups are limited to 8 individuals.
- Click on the link to register to register to attend any event you're interested in. Registration closes 2 hours prior to an event beginning.
- **Parent/Guardian consent is required for any youth to participate.** The link to the consent form is included here and with the registration. You only need to complete the consent one time, not for each group attended. https://sparcprograms.net/meckhope-consent/
- If you register for an event and we do not have the completed consent form 2 hours prior to the event, you will be contacted by the facilitator and will not be allowed to join the event.
- Each month, there will be a new series of group topics to choose from.
- You can participate in as many groups as you wish.