

SHAC Meeting Agenda

Date: August 24, 2023 Time: 2:00pm

Location: Virtual

Meeting Attendees: Irini McCarthy, Monica Adamian, Tuere Dunton-Forbes, Treva Johnson, Rosy Crumpton, Shanique Parker, Jessica Jacobs, Susan Bond, Kerry Barbera, Harold Dixon, Michael Eastwood, Anna Priestler, Sahsine Davis, Ursula Douglas, Allison Gunter, Molly Rush, Alisha Martin

**School Health Advisory Council: Our Charge**

*A School Health Advisory Council (SHAC) is required by NC State Board of Education Healthy Active Children Policy (HRS-E-000) and CMS Student Wellness Policy and Regulation (JL, JL-R).*

Responsibility #1: Work in conjunction with CMS leadership to plan, implement and monitor compliance with CMS Policy JL – Student Wellness and other CMS policies, regulations, and programs related to health and wellness.

Responsibility #2: Review CMS annual progress report related to compliance with Policy JL.

Responsibility #3: Develop resources for staff, students, and parents about CMS health policies and regulations that impact student mental and physical health.

Responsibility #4: Promote student-centered programs intended to positively impact health, wellness and safety.

Agenda Items	Notes
Welcome, Introductions, and Icebreaker	
MTSS Specialist -RISE Conference Updates (Dr. Allison Gunter)	<p>The Presenter at the conference was Susan Schmal, NC Healthy Schools</p> <ul style="list-style-type: none"> <li>● The State SHAC meets monthly on the last Monday of the month; you can email Susan directly for the link <a href="mailto:susan.schmal@dpi.nc.gov">susan.schmal@dpi.nc.gov</a></li> <li>● The Electronic Health Record (EHR) is now connected to PS. The State is highly encouraging teams to use the information.</li> <li>● Grades and risk behaviors are related; less than 50% of HS students agree that they feel good about themselves. Risk behaviors and feelings are trending down although most students do not feel good about themselves. 1/10 students have attempted suicide, so they are encouraging schools to have suicide risk assessment teams in place to support students. Also focused on virtual health clinics and think about your work with these orgs.</li> </ul>
School Nutrition Specialist-Nutrition Administrative Review (Susan Bond)	<ul style="list-style-type: none"> <li>● Feb 19th –March 1, 2024 we will be having our Administrative Review. This happens every 5 years;</li> <li>● School Nutrition DPI Consultant will audit our program to make sure we are following the rules. The areas they will audit will be Nutritional Meal Patterns, Access/Reimbursement, and financial management. They will not only audit our central office but visit 16-17 schools throughout the district and monitor our breakfast and lunch service during those two weeks.</li> <li>● One of the consultants will look at our wellness policy and make sure it meets all the required six areas which our does based on our prior Audit in 2018. The six areas that a wellness policy needs to address is as follows:               <ol style="list-style-type: none"> <li>1. Nutrition Education</li> <li>2. Standards for USDA Child Nutrition program</li> <li>3. Nutrition Standards for Competitive Foods</li> <li>4. Physical Education and Physical Activity</li> <li>5. Wellness Promotion and Marketing</li> <li>6. Implementation, Evaluation, and Communication</li> </ol> </li> </ul>

	<ul style="list-style-type: none"> <li>● Continue to utilize the Well Stat 3.0 Model as the assessment tool for our Second Triennial Assessment, which is due May 2024. This assessment tool test the strength of our content of our wellness policy. Based on our First Triennial Assessment results from the Well Stat 3.0 , our overall strength score was 83. This summary of our June 2021 is on our CMS website and on our School Nutrition Page.</li> </ul>
<p>WellCare Community Relations Representative-WellCare Overview (Alisha Martin)</p>	<ul style="list-style-type: none"> <li>● WellCare of North Carolina is one of the state’s Medicaid Prepaid Health Plans (PHPs).</li> <li>● Addressing members’ social needs is an important part of the solution. When members are connected to services like jobs, education, and utility assistance, we see: <ul style="list-style-type: none"> <li>○ Improved ability to access and take medications</li> <li>○ More independent lives</li> <li>○ Lower hospital admissions</li> <li>○ Improved physical and behavioral health and wellness</li> </ul> </li> <li>● Value-Added Benefits Overview <ul style="list-style-type: none"> <li>○ Health &amp; Wellness</li> <li>○ Benefits for Moms &amp; Babies</li> <li>○ Youth Programs</li> <li>○ Asthma Support</li> <li>○ Household Support</li> <li>○ Education</li> </ul> </li> <li>● WellCare Service Area: Region 3 <ul style="list-style-type: none"> <li>○ WellCare Welcome Rooms-are a space for members to ask about plans and benefits, speak to WellCare of North Carolina representatives, or use computers and other resources. No appointment needed.</li> <li>○ Community Engagement-partnership areas of focus: Health (Including Social Determinants of Health), Education, Children, Community, and Arts.</li> <li>○ Member Advisory Committee-is a way for you to meet with others who are passionate about improving healthcare in North Carolina. It’s free to join if you, your guardian, or a family member are enrolled in a prepaid health plan with WellCare.</li> </ul> </li> <li>● The MyWellCare mobile app allows members to keep up with their health benefits while on the go.</li> </ul>

<p>School Health Teams (Treva Johnson &amp; Monica Adamian)</p>	<p>Ideas to consider for 2023-2024:</p> <ul style="list-style-type: none"> <li>● Quarterly check-in meetings with School Health Team Ambassadors/Champions/Leads</li> <li>● School Health Team Meeting Survey</li> <li>● Shared Google drop zone for minutes</li> <li>● Newsletters highlighting an area of WSCC-contributions from SHAC committee members</li> <li>● Highlight schools that focus on areas of the WSCC model</li> <li>● Policy review</li> <li>● SHAC Playbook-Who wants to help create?</li> <li>● SHAC work towards one district wide initiative</li> </ul> <p>SHAC Playbook Committee: Treva, Monica, Jessica, Irini, Kerry, PE Representative, and OT Representative. Treva will send out information via email.</p> <p>It was suggested we meet with School Health Team Leads by levels. Explaining the roles and responsibilities. The goal is to have a meeting by October.</p>
<p>Updates (Monica Adamian &amp; Treva Johnson)</p>	<ul style="list-style-type: none"> <li>● SB49- North Carolina legislature ratified Senate Bill 49 (called Parents' Bill of Rights) into law on August 15, 2023. Charlotte-Mecklenburg Board of Education approved changes to CMS Board Policy on Tues, Aug 22. These include: <ul style="list-style-type: none"> <li>○ Parent Involvement in Education (S-PRNT)</li> <li>○ Student Health (S-HLTH)</li> <li>○ Comprehensive Health Education (A-CHE)</li> <li>○ Instructional and Library Media Center Materials</li> </ul> </li> <li>● A new form (2023-2024 Student Information Form) has been created to collect baseline information about student name/pronoun</li> <li>● Narcan-Schools will now have a supply of Naloxone (commonly known as Narcan) available in every school. Naloxone will be stored in the same case as your AED located in the front office.</li> <li>● Healthy Active Children Attestation-Are due on September 1st.</li> <li>● SBVC-Atrium will roll out 30 additional schools during the 2023-2024 school year. Starting the week of 9/11/23 three/four schools will go live.</li> <li>● SHAC Grant Funding (Calming Rooms)-updated the committee on our progress. It was recommended we share this with CMS Insider. Treva will reach out to get the process started.</li> </ul>
<p>Updates/Announcements:</p> <ul style="list-style-type: none"> <li>● Immunization Clinics</li> <li>● School Nursing Staffing Updates</li> <li>● Other Announcements</li> </ul>	<p>Coordinated School Health Facebook page: <b>Like and Follow us</b>  <a href="https://www.facebook.com/profile.php?id=100092374578146&amp;mibextid=ZbWKwL">https://www.facebook.com/profile.php?id=100092374578146&amp;mibextid=ZbWKwL</a></p> <p>SHAC Presentation:  <a href="https://docs.google.com/presentation/d/1NJ9k8HnCby_KiFBjuZNObLGNiZmzFSX8urDgnCo0zAM/edit?usp=sharing">https://docs.google.com/presentation/d/1NJ9k8HnCby_KiFBjuZNObLGNiZmzFSX8urDgnCo0zAM/edit?usp=sharing</a></p>
<p>Next meeting</p>	<ul style="list-style-type: none"> <li>● NEXT MEETING November 16, 2023 2:00 p.m.</li> </ul>

**Thank You!**

